

Hastings Elementary Schools – October 2018 Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|--|
| 1 Chicken or Fish Nuggets Buttered Noodles Baked Beans Fresh Veggies Fruit Choices | 2 Super Nacho Supreme Steamed Corn Assorted Taco Fixings Fresh Red Peppers Fruit Choices | 3 French Toast Sticks w/Sausage Links Tri-Tater Potato Fresh Veggies Fruit Choices | 4 MN THURSDAY Thousand Hills Hot Dog  Parmesan Roasted Potatoes  Fresh Carrots Apple Slices w/Caramel Dip  Other Fruit Choices | 5 Garlic Cheese French Bread w/Marinara Dipping Sauce Steamed Broccoli Fresh Veggies Fruit Choices |
| 8 Popcorn Chicken WG Mini Biscuit Steamed Broccoli w/Cheese Fresh Carrots Fruit Choices | 9 Cheeseburger or Hamburger on Bun Baked Beans Baked French Fries Fresh Grape Tomatoes Fruit Choices | 10 Stuffed Crust Pizza— Cheese or Pepperoni Steamed Peas Fresh Veggies Fruit Choices | 11 Walking Taco Steamed Corn Assorted Taco Fixings Fresh Red Peppers Fruit Choices | 12 Curly Spaghetti w/Meat Sauce Garlic Toast Tossed Salad w/Dressing Fresh Veggies Fruit Choices |
| 15 Mini Maple Pancakes OR Mini Blueberry Pancakes w/Sausage Links Breakfast Potatoes Fresh Veggies Fruit Choices | 16 Mandarin Orange Chicken over Brown Rice Steamed Broccoli Fresh Veggies Fruit Choices/ Mandarin Oranges | 17 NO SCHOOL | 18 NO SCHOOL | 19 NO SCHOOL |
| 22 100% Beef Hot Dog on Bun Baked French Fries Fresh Carrots Fruit Choices | 23 Chicken Patty or Fish Filet on Bun Glazed Carrots Fresh Veggies Fruit Choices | 24 Mozzarella Pizza Sticks w/Marinara Dipping Sauce Mixed Vegetables (4-way comm.) Tossed Salad w/Dressing Fresh Veggies Fruit Choices | 25 Soft Shell Beef Taco Assorted Taco Fixings Refried Beans Fresh Veggies Fruit Choices Teddy Grahams | 26 Cheese Tortellini w/Meat Sauce Garlic Breadstick Tossed Salad w/Dressing Fresh Veggies Fruit Choices |
| 29 Chicken or Fish Nuggets Buttered Noodles Steamed Broccoli Fresh Veggies w/Dip Fruit Choices | 30 Mini Corn Dogs Smiley Fries Baked Beans Fresh Carrots Fruit Choices | 31 French Toast Sticks w/Sausage Links Tri-Tater Potato Fresh Veggies Fruit Choices |  = locally produced | |
| Monday Alternate: PB&J Sandwich w/String Cheese, Turkey & Cheese Sandwich OR Chef Salad w/Dinner Roll | Tuesday Alternate: PB&J Sandwich w/String Cheese, Ham & Cheese Sandwich OR Chef Salad w/Dinner Roll | Wednesday Alternate: PB&J Sandwich w/String Cheese, Turkey Sandwich OR Chef Salad w/Dinner Roll | Thursday Alternate: PB&J Sandwich w/String Cheese, Ham Sandwich OR Chef Salad w/Dinner Roll | Friday Alternate: PB&J Sandwich w/String Cheese, Turkey & Cheese Sandwich OR Chef Salad w/Dinner Roll |

