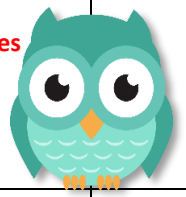
October 2026 HMS Lunch Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Weekly Sandwich Choices: Uncrustable Grape Sandwich String Cheese Ham Sandwich OR Turkey Sandwich Cheese Pizza Kit Honey Mustard Ham Wrap				**1** Cheeseburger OR Hot Dog on WG Bun Baked Seasoned Waffle Fries Baked Beans Fresh Vegetables Fruit Choices	**2** Garlic Cheese French Bread w/ Marinara Sauce Caesar Tossed Salad Steamed Corn Fresh Vegetables Fruit Choices
Weekly Sandwich Choices: Uncrustable Grape Sandwich String Cheese Ham Sandwich OR Turkey Sandwich Buffalo Chicken Wrap	**5** Build Your Own Crispy Chicken Sandwich Baked Seasoned Waffle Fries Fresh Vegetables Fruit Choices	**6** Mini Pancakes w/ Scrambled Eggs OR Mini Corn Dogs w/ Breakfast Potatoes Fresh Vegetables Fruit Choices	**7** General Tso Chicken OR Chicken Dumpling Vegetable Fried Rice Steamed Broccoli Fresh Vegetables Fruit Choices	**8** Popcorn Chicken OR Chicken Parmesan Herb-Buttered Noodles Rach Tossed Salad Fresh Vegetables Fruit Choices	**9** **NO SCHOOL** **Teacher Workshop**
Weekly Sandwich Choices: Uncrustable Grape Sandwich String Cheese Ham Sandwich OR Turkey Sandwich Cheese Pizza Kit Chicken Caesar Wrap	**12** Build Your Own Macaroni & Cheese OR Baked Potato Bar Garlic Breadstick Steamed Broccoli Fresh Vegetables Fruit Choices	**13** Chicken Tenders OR Italian Pasta Bake Garlic Breadstick Ranch Tossed salad Fresh Vegetables Fruit Choices	**14** **NO SCHOOL** **A.M. Conferences** 	**15** **NO SCHOOL** **EdMN Days**	**16** **NO SCHOOL** **EdMN Days**
Weekly Sandwich Choices: Uncrustable Grape Sandwich String Cheese Ham Sandwich OR Turkey Sandwich Cheese Pizza Kit Crispy Chicken Wrap	**19** Chicken Nuggets Dinner Roll Baked French Fries Steamed Green Beans Fresh Vegetables Fruit Choices	**20** Waffles w/ Turkey Sausage Links OR Grilled Cheese Sandwich w/ Baked Tator Tots Fresh Vegetables Fruit Choices	**21** Mandarin Orange Chicken OR Chicken Dumpling Vegetable Fried Rice Steamed Carrots Fresh Vegetables Fruit Choices	**22** Domino's Pizza Cheese or Pepperoni Ranch Tossed Salad Broccoli & Cheese Sauce Fresh Vegetables Fruit Choices Domino's	**23** Popcorn Chicken OR Chicken Parmesan Herb-Buttered Noodles Ranch Tossed Salad Fresh Vegetables Fruit Choices
Weekly Sandwich Choices: Uncrustable Grape Sandwich String Cheese Ham Sandwich OR Turkey Sandwich Cheese Pizza Kit Turkey BLT Wrap	**26** Curly Spaghetti Garlic Breadstick Caesar Tossed Salad Fresh Vegetables Fruit Choices	**27** Chicken Nuggets Dinner Roll Baked French Fries Steamed Green Beans Fresh Vegetables Fruit Choices	**28** Nacho Supreme Assorted Taco Fixings Refried Beans Fresh Vegetables Fruit Choices	**29** Cheeseburger OR Hot Dog on WG Bun Baked Seasoned Waffle Fries Baked Beans Fresh Vegetables Fruit Choices	**30** Garlic Cheese French Bread w/ Marinara Sauce Caesar Tossed Salad Steamed Corn Fresh Vegetables Fruit Choices